



# Service Policy Manual

## Adult Services

Alta California Regional Center (ACRC) shall provide service opportunities for adult consumers seeking participation in programs that offer training, skill development and community integration. ACRC believes and supports service options that value consumers as productive and contributing members in their community. ACRC recognizes that age and/or health issues may determine the most appropriate day program needs for some consumers. Adult Day Health Centers, mental health day treatment programs and senior citizen programs shall be considered as service options.

ACRC promotes smaller, individualized environments within service options ranging from a variety of day programs, behavior management programs, adult education and employment-focused providers. Adult services shall provide support in developing skills in one or more of the following areas:

- Self-advocacy; such as communication skills training and client rights understanding
- Employment training; such as pre-vocational training, volunteering and employment exposure
- Community integration to increase proficiency in navigating and accessing one's own community and relationship building
- Customized employment; such as micro-enterprise
- Educational opportunities through adult education, community college, regional occupational programs and other public education and training programs
- Behavior management in the least restrictive environment when applicable

The ACRC Executive Director may review and authorize an exception(s) if warranted by individual circumstances.