GOOD DAY / BAD DAY

FOR WHO:

DATE: Click here to enter a date.

THOSE CONTRIBUTING:

What makes a GOOD DAY	What makes a BAD DAY

Both sides should include details about what elements make up both 'good' and 'bad' days. Good days: what do you look forward to? Who do you look forward to seeing? What gives you energy? What motivates you? The Good Stuff in your days. Bad days: Things that throw your day off? What made it bad? Made you frustrated? People who made it challenging? What was boring? Took the fun out of it?

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