

Alta California Regional Center  
 Self-Determination Committee Meeting  
 Wednesday June 8th, 2016  
 10:00 A.M. to 12:00 P.M.  
 Minutes

<b>Members Present:</b>	<b>Members Absent:</b>
Stacy Shaw SA	Nancy Libby FA
Kimberly Terrell SA	Maria Ibarra FA
Joyce McNair FA	Lana Knyazev SP
Brittnee Gillespie DRC	Margaret Lamb FA
Carol Watilo SP	Lisa Cooley SA
	Christian Griffith FA
<b>Others Present:</b>	Luis Rivera FA
Jason Lindo, ACRC	
Robin LeMay (Support Staff), ACRC	
Sonya Bingaman, SCDD	
Mary Nisson FA	
David Nisson SA	
Joe Hernandez SP	
Karen Mulvaney FA	
Kevin Terrell SA	
Sue Ann Bennett SP	
Legend: SA – Self-Advocate, FA – Family Advocate, SP – Service Provider	

**1. Call to Order by Joyce McNair, Acting Chair**

- Welcome & Introductions (10:00 A.M.)

**2. Approval of Agenda & Minutes (from March 9<sup>th</sup>, 2016)**

- It was moved/seconded and carried to approve to agenda and minutes. No Abstentions.

**3. Reading of California's Self-Determination Program from the DDS website and discussion of any questions regarding content – Stacy Shaw**

The Department of Developmental Services is developing a new program, called the Self-Determination Program that will let participants have more control over selecting their services and supports. One of the ways this can be done is by giving participants (or their parents or legal representatives) a specific budget to purchase the services and supports that they need to make their person centered plan work better for them. Participants may choose their services and pick which providers deliver those services. Participants are responsible for staying within their annual budget.

The Self-Determination Program is based on beliefs that people:

- Plan their own lives and make their own decisions
- Determine how funding is spent for their services and supports
- Plan and choose their own formal and informal supports
- Take responsibility for the decisions made
- Validate those decisions through maintaining ongoing control

The five principles of Self-Determination are:

- **Freedom** to exercise the same rights as all citizens; to establish with freely chosen supports, family and friends, where they want to live, with whom they want to live, how their time will be occupied and who supports them.
- **Authority** to control a budget in order to purchase services and supports of their choosing.

- **Support**, including the ability to arrange resources and personnel, which will allow flexibility to live in the community of their choice.
- **Responsibility**, which includes the opportunity to take responsibility for making decisions in their own lives and accept a valued role in their community.
- **Confirmation**, in making decisions in their own lives by designing and operating the service that they rely on.

### **Group Conversation:**

- SC's will add client's names to the database that are interested in participating in the Self-Determination Program. There will be a lottery (random within certain categories) of names that will be pulled from the database.
- Karen Mulvaney noted that she had attended a DDS Meeting where they mentioned that they would be sending a Confirmation of Interest Letter back to participants that are interested in the Self-Determination Program after they have attended the mandatory training. DDS has also indicated that they will begin trainings on Self-Determination within a couple of weeks.

➤ Question:

- Should clients have their interest in Self-Determination added to their IPP's?

➤ Answer:

- Per Jason Lindo, yes this can be done.

➤ Question from Joe Hernandez:

- Will SC's receive and provide Self-Determination training?

➤ Answer:

- Per Jason Lindo, yes. DDS will provide the training materials to the SC's on Self-Determination. Karen Mulvaney, also noted that DDS indicated that they will provide online trainings, especially for clients that live in rural areas.

#### 4. **10 Question Self-Determination Quiz – Jason Lindo**

1) Which principle of Self-Determination gives the client the right to control a certain sum of dollars?

- a. Freedom
- b. Authority
- c. Support
- d. Responsibility**
- e. Confirmation

2) Only clients who are adults over the age of 22 are eligible for the Self-Determination Program:

- a. True
- b. False**

3) For the first three years, how many clients will be part of the phase-in period?

- a. 10,000
- b. 5,000
- c. 2,500**

d. 1,000

4) After the phase-in period, the Self-Determination Program is available to all eligible clients.

a. True

b. False

5) Which is NOT part of the responsibilities of SDP participants?

a. Go through and orientation and training

b. Develop a person-centered plan

c. Meet with their regional center service coordinator every month

d. Work with a Financial Management Service

e. Make sure they don't overspend their budget

6) The Individual Budget of client is based on:

a. The last calendar year's expenditures

b. The last 12 months of authorized services

c. The last 12 months of expenditures

d. The budget that results from the Person-Centered Plan

7) A client can request a change in his/her budget for the following reasons (choose all that apply):

a. A change in circumstances

b. Current budget doesn't allow for all that client wants in their person-centered plan

c. Unmet need

d. A change in resources

e. The provider that client wants to use costs more

8) A participant can purchase any service with their SDP budget, even if a generic resource like IHSS or insurance is available to pay:

a. True

b. False

9) Who decides who will attend a Person-Centered plan?

a. The Independent Facilitator

b. The SDP participant and/or the family

c. The service coordinator

d. The FMS

e. All of the above

10. Clients who are nonverbal or highly impacted by their disability should not participate in their Person-Centered Plan because they can't express their preferences or make choices.

a. True

b. False

##### **5. Update on Self-Determination Information Flyer – Jason Lindo**

- There are now flyer's translated into different languages: Hmong, Chinese, Russian, and are working on the Spanish flyer (hoping to have that done by June 13<sup>th</sup>).

- Jason plans to see if Alta can get the English flyer changed to screen readable and will report on that at the next Self-Determination meeting.

#### **6. *Self-Determination Interest List – Jason Lindo***

- When the Self-Determination Committee met in March 2016, there were 917 names on the Interest List.
- As of June 2016, there are 1,751 names on the Interest List.
- Some SC's have been hearing from families that before they sign up, they want to wait and see what the program will look like first.

#### **7. *Outreach Efforts by Committee Members – Joyce McNair***

- When Jason attends Alta's branch offices and the Children's and Adult Joint Division meetings he discusses and reminds staff about Self-Determination.
- Stacy Shaw has gone to the public libraries where she shares the Self-Determination flyers. She did a couple of those about a month ago.
- Kimberly Terrell has presented on Self-Determination at the People's First Conference with Rick Hodgkins, Lisa Cooley, and Sonya Bingaman. There were approximately 125 attendees.
- Brittnee Gillespie has been spreading the word about Self-Determination throughout the community.
- Sonya Bingaman supported Lisa Cooley in a presentation she did at the Self Advocacy Conference that occurred in May. There were approximately 40 attendees.

- Sonya Bingaman and Jason Lindo will be working together in the near future on doing more outreach in the community.

8. ***Independent Facilitator Training Sub-Committee – Carol Watilo***

- The committee has not met and is not planning to meet until there is more information received.

9. ***Public Comment Period***

- No comments from public were made.

10. ***Dates for Future Meetings:***

- The committee will continue to meet quarterly on the second Wednesday of the month.
- The next meeting will occur on September 14<sup>th</sup>, 2016

11. ***Identify agenda items for next meeting***

- Committee memberships

12. Meeting adjourned at 11:11 A.M.