

Housing Options



"I love continuing to live with my parents and younger brother but still have a private space of my own. My family is always close by if I need some help with something or just want to hang out. I also get help from my ILS worker and have fun at my day program every day."

Lisa, Participant

Family Home

Some adult Individuals choose to continue living at home with their parents/family members. Examples of generic resources available to Individuals and families include IHSS, Medi-Cal, Social Security benefits, CAPI, CalFresh and the HCBA Waiver. The Regional Center can also provide support to families by funding services such as respite, daycare, personal attendant/homemaker services and in some cases, ILS (independent living skills) training and representative payee services.

Room and Board

Room and Boards can be offered through a residential home, apartment, or hotel. This type of living arrangement is usually more appropriate for individuals who are independent and need minimal support. Room and Boards are non-licensed and do not provide care and supervision. This setting will usually provide residents with a room, bed, and prepared meals for a set price. Room and Board arrangements typically include a written periodic agreement that includes a week to week or month to month contract.

Overview of Room and Board:

- Room and Board homes are open to any community member
- Age restriction is typically set by the landlord
- Homes can consist of multiple individuals
- Residents may share a bedroom or have a single bedroom
- Homes may be gender specific or include multiple genders
- Homes are usually furnished and may include cable and Wi-Fi internet
- Some Room & Boards may offer occasional transportation
- Rent usually includes utilities and food
- Rent is covered by the individual's SSI, employment, or other financial means
- Room and Board can be a temporary residential option during times of transition

Other Housing Options

- Additional Dwelling Unit (ADU)
- Temporary Hotel