



Alta California

Regional Center



2022-2025 STRATEGIC PLAN

End of Year Report 2022

**STRATEGIC
FOCUS AREA 1**

CLIENT AND FAMILY SUPPORT

Focus area definition:

The regional center will explore greater flexibility and more family-centered services and supports so that people with intellectual/developmental disabilities can continue to live at home and be supported in ways that make sense for them.

Community input:

- Families need help to identify community resources.
- Families want to find people to support them that they trust and who understand their language and culture.
- There is a growing need to attract and retain a direct support workforce that represents a variety of cultures and languages.
- Families seek greater flexibility to design support that works for their family.



What we want to achieve:

Clients and families receive support in ways that work for them. This may include greater flexibility within existing services and new, innovative service options.

How are we doing?

Metric	Baseline Dec. 2021	2022 Desired Outcome	2022 End of Year	2022 State Average	Met/ Not Met
Number and percent of minors living with families (includes living with own family, with foster family or with guardian) PC*	12,876 99.64%	99.64% - 100%	13,412 99.67%	99.61%	Met
Number of people utilizing Participant-Directed Services	307	322 5% over prior year	309	N/A	
Number of people participating in Self-Determination Program	41	43 5% over prior year	199	N/A	Met
Number of new services and/or service providers created to address unique needs of clients and families served	82	86 5% over prior year	121	N/A	Met

CLIENT AND FAMILY SUPPORT CONTINUED



Goal One

Deliver information and communications in multiple ways to be more responsive and more accessible (in different languages, in community locations, in more accessible formats, in person, digital, etc.). Prioritize the updating and translating of information about Participant-Directed Services and Self-Determination.

Actions	Current Progress
<p>a. Educate regional center staff about participant-directed services and self-determination.</p> <ul style="list-style-type: none"> • Identify a workgroup of interested staff and stakeholders to develop the content. • Develop content and materials based on what exists and what is needed. • Share information with service coordinators and clients and families. 	<ul style="list-style-type: none"> • SC have multiple opportunities for training in SDP including: SDP monthly committee, Managerial Support, Participant Choice Specialist Support, ACRC U Course Content, Specialized SDP Case Management Unit
<p>b. Update and translate Service Guides into multiple languages.</p>	<ul style="list-style-type: none"> • CSM workgroups forming to update Service Guides.
<p>c. Develop a method for collecting preferences for receiving information, including preferred language, format, and method of delivery.</p> <p>d. Collect preferences identified by clients and families.</p>	<ul style="list-style-type: none"> • Form 588 Services and Supports updated to obtain client method of delivery for due process documentation (Mail, Certified Mail or E-Mail), client and caregiver preferred language. 12/28/2022 aligns with DDS Directive. • See above.
<p>e. Engage in social media platforms.</p>	<ul style="list-style-type: none"> • Facebook, Twitter, Instagram, Linked-In, YouTube. All ACRC staff have uniformed email footer with links to social media platforms. ACRC Communication Specialist regularly post events and news on ACRC's platforms.

CLIENT AND FAMILY SUPPORT CONTINUED

Goal Two

Conduct informational sessions to educate community partners about what the regional center is and what services are provided.

Actions

Current Progress

a. **Compile contacts for community partner organizations to connect with networks.**

- Cultural Diversity Specialist has a contact list of 53 individuals/entities connected to a Community Based Organization (19 added since October 2022) serving diverse clients/families in ACRC's catchment area.
- Case Management Directors routinely meet on a monthly or quarterly basis with state and local community partners such as: Medical-Managed Care Agencies, Community Care Licensing, Special Education Local Plan Area Directors and AB2083 Coordinator meetings which consists of Child Welfare Directors and Juvenile Probation. These meetings present opportunities for ACRC leadership to educate our community partners about regional center services.

b. **Extend invitations to provide an overview of regional center services.**

- A total of 36 outreach presentations conducted in 2022.

Focus Area Definition:

People who wish to work have the support they need, when they need it, and in the way they want it.

Community input:

- People want meaningful work.
- There is a need for more job opportunities and internships that support individual interests.
- There is a need for employment support for young adults, age 18-22 years old, in integrated community settings.
- Transportation needs can present barriers to employment.
- Service providers seek innovative ways to move beyond sub-minimum wage and increase integrated, competitive employment opportunities.



What we want to achieve:

Those who wish to work are employed, or preparing for employment, in an area that interests them.

How will we measure our progress?

Metric	Baseline Dec. 2021	2022 Desired Outcome	2022 End of Year	2022 State Average	Met/ Not Met
Number of people engaging in Competitive Integrated Employment (CIE) following participation in a Paid Internship Program PC*	14	17 20% over prior year	32	Data not yet available	Met
Number and percent of clients, ages 16-64 with earned income PC*	1959 11.25% (2020)	11.81% 5% over prior year	2120 8.2%	Data not yet available	Met
Number of participants in Paid Internship Program PC*	76	91 20% over prior year	78	Data not yet available	
Number of individuals accessing Tailored Day Service with focus on employment and/or higher education.	284	298 5% over prior year	334	Data not yet available	Met

PC*= DDS Performance Contract Measure. Goal for (PC) measure is met when current ACRC 1) meets or exceeds state average; 2) is better than ACRC baseline; or 3) meets DDS Standard.

EMPLOYMENT CONTINUED

Goal One

Make training about employment resources more accessible to clients and service coordinators.

Actions	Current Progress
<p>a. Create a training plan and targeted outreach plan.</p> <ul style="list-style-type: none"> • Create fliers to distribute information through newsletter and social media. • Create hashtags as a way to help people connect to these topics. • Develop an informational resource to share with clients and families. <p>b. Deliver quarterly training in different locations, including regional center and vendor locations.</p> <p>Proposed topics might include:</p> <ul style="list-style-type: none"> • Employment and benefits • Employment options (Tailored Day Services, Paid Internships, Competitive Employment Opportunities) • How the Department of Rehabilitation can support employment goals • Making the transition from high school to meaningful employment 	<ul style="list-style-type: none"> • ACRC newsletter to highlight employment services – April 2023. • SSI Benefits Information Handout (currently working with Pride to create.) • Hashtags – “Tentative” <ul style="list-style-type: none"> ▪ #ACRCRightToWork ▪ #ACRCYestoEmployment ▪ #ACRCInclusionWorks ▪ #ACRCDiversityWorks • Employment Services handouts for Case Management that highlights all employment services. • Employment Specialist continues to hold “Employment Corner Workshops” targeting information regarding employment opportunities, TDS, CIE and PIP. The following Workshops have been held or are currently scheduled: <ul style="list-style-type: none"> ▪ July 2022 (Held at Harvard Location) ▪ October 2022 (Held at Pride Program) ▪ January 2023 (Held at MORE Program) ▪ April 2023 (Held at Harvard Location) ▪ July 2023 (Provider location TBD) ▪ October 2023 (Provider location TBD) • Workshop Focus: <ul style="list-style-type: none"> ▪ July 2022 Workshop to focus of general overview of employment services ▪ October 2022 Workshop to focus on employment benefits presented by Progressive Employment Concepts ▪ January 2023 Workshop to focus on microenterprises ▪ April 2023 Workshop to focus on Sac City College to Career Program opportunities ▪ July 2023 Workshop to focus State employment ▪ October 2023 Workshop to focus on Dept. of Rehab

EMPLOYMENT CONTINUED

Goal Two	
Increase the number of employers that hire people with intellectual/developmental disabilities.	
Actions	Current Progress
<p>a. Collaborate with regional center employment specialists across the state to explore successful strategies for employer outreach, training, support, and addressing other barriers to employment such as transportation.</p> <p>b. Establish a group of service providers and employers to help increase employment opportunities.</p> <p>c. Develop a plan to support employers through outreach, training, and acknowledgement.</p> <p>d. Plan a social media campaign that features employers providing success stories and top tips.</p>	<ul style="list-style-type: none"> • Employment Specialist continues to collaborate with other RC Employment Specialists during quarterly statewide meetings. • Employment Specialist continues to work 1:1 with other RC Employment Specialist on a case by case basis. • Identify employment services vendors and schedule two annual vendor forums. • From these forums, Employment Specialist will create a resource list for vendors to use to network regarding possible employment opportunities. • ACRC continues to participate in employment workshops through the Business Advisory Committee yearly. • ACRC Employment Specialist will hold two employment workshops for employers (scheduled in June and December of 2023) <ul style="list-style-type: none"> ▪ Topics to cover: accommodations, tax incentives, ACRC provider supports to employers • ACRC Employment Specialist will work with Communication Specialist, to spotlight employers, provide success stories, and top tips. <ul style="list-style-type: none"> ▪ One spotlight per quarter (April, July, Oct 2023)

EMPLOYMENT CONTINUED



Goal Three

Enhance collaboration with school districts through memorandum of understanding (MOU) to support transition.

Actions	Current Progress
<p>a. Collaborate with Special Education Local Plan Area (SELPA) liaisons to train and reorient each other to the agreements within our joint MOU.</p> <p>b. Develop a plan to increase awareness amongst ACRC Service Coordinators and SELPAs to support dually served clients/ students in transition planning. Recognize that earlier is better when engaging in these conversations by the age of 15.</p> <p>c. Develop a system to identify timelines for transition planning to ensure no client/ student's transition planning is missed.</p>	<ul style="list-style-type: none"> • Employment Specialist continues to collaborate with SELPA liaisons for: <ul style="list-style-type: none"> ○ Colusa County SELPA ○ El Dorado Charter SELPA ○ El Dorado County SELPA ○ Elk Grove Unified School District/SELPA ○ Folsom Cordova Unified School District/SELPA ○ Natomas Unified School District/SELPA ○ Nevada County SELPA ○ Placer County SELPA ○ Sacramento City Unified School District/SELPA ○ Sacramento County SELPA ○ San Juan Unified School District/SELPA ○ Sierra County SELPA ○ Sutter County SELPA ○ Tahoe/Alpine SELPA ○ Twin Rivers Unified School District/SELPA ○ Yolo County SELPA ○ Yuba County SELPA • MOU training continues with the SELPAs one to two times per year. • Employment/Transition trainings for case management (twice yearly). • Employment Specialist will schedule a training for Local Plan Agreement (LPA) to present to Case Management. This is currently in process – date TBD. • Employment Specialist will create a quick reference timeline handout to share with case management, client's and their families, as well as school district staff. • ACRC will be working with Sierra College and local SELPAs to target outreach activities to students transitioning out of high school to include sharing information regarding the Sierra College TIL program.

Focus Area Definition:

Home settings where individuals with developmental disabilities choose to live.

Community input:

- There is a shortage of affordable housing in communities where people want to live.
- Housing that is available is not always accessible.
- There is a shortage of support professionals to assist at home.
- There is a need to support clients and families to plan for long term future housing needs.



What we want to achieve:

- More ACRC clients will be able to access affordable housing including set aside units.
- More ACRC clients will have caregiver succession plans in place that describe living arrangements and desired supports .

How will we measure our progress?

Metric	Baseline Dec. 2021	2022 Desired Outcomes	2022 End of Year	2022 State Average	Met/ Not Met
Number of people living in set-aside housing units developed by the regional center	0 No set aside units developed by the regional center	15 people	0 (delayed from October 2022 to March 2023)	N/A	
Number and percent of adults living in home settings (includes independent living, supported living, adult family home agency homes, and with parents or guardians) PC*	11,870 85.24%	85.70%	12,281 85.12%	83.01%	
Number of people who have expressed their plan and exercised choice of their living options through caregiver succession planning	Initiated data gathering Nov. 2021	Establish baseline and annual targets	Additional time needed to establish baseline & annual targets	N/A	Baseline & annual targets to be established by Dec. 2023

PC*= DDS Performance Contract Measure. Goal for (PC) measure is met when current ACRC 1) meets or exceeds state average; 2) is better than ACRC baseline; or 3) meets DDS Standard.

HOUSING CONTINUED



Goal One

Diversify strategies that focus on affordable housing efforts and collaborate with families who are interested in creating affordable housing for their own families.

Actions	Current Progress
<p>a. Further define the ACRC Housing/Community Liaison role to be a resource for families to develop personal housing options (ADU's, lot splitting, etc.) and navigate housing options that are supported by the regional center.</p>	<ul style="list-style-type: none"> On November 18, 2022, ACRC submitted a request to the Department of Developmental Services to fund Housing Navigator through the Operations budget for CRDP. We are awaiting approval for that position.
<p>b. Deliver information sessions for families about options for providing housing for a family member, such as Adult Dwelling Unit (ADU).</p>	<ul style="list-style-type: none"> Beginning December 1, 2022, ACRC Director of Community Services has participated in monthly meetings of the Disability Housing Alliance, meeting with interested clients and families regarding increasing housing opportunities for regional center clients. Provided technical assistance in the development of outreach documents and have arranged meetings with members of the group and housing developers.
<p>c. Explore options for building family collaboratives to co-purchase housing.</p>	<ul style="list-style-type: none"> No substantive activities have occurred.
<p>a. Advocate with other entities to:</p> <ul style="list-style-type: none"> Expand the time available to apply for Section 8 housing voucher. Advocate for incentives, such as tax breaks, for families to create ADU's for family members. 	<ul style="list-style-type: none"> On November 18, 2022, ACRC submitted a request to the Department of Developmental Services to fund the Lanterman Housing Coalition for a three-year period. We are awaiting approval for these funds. The Lanterman Housing Coalition is the only trade organization for Housing Developers seeking to develop housing for adults with developmental disabilities.

HOUSING CONTINUED

Goal Two

Increase the number of people who have expressed their plan and exercised choice of their living options through caregiver succession planning.

Actions	Current Progress
<p>a. Collaborate with stakeholders, clients, family members, advocates and service providers to develop training materials for service coordinators regarding engaging clients and families about caregiver succession planning.</p>	<ul style="list-style-type: none"> Through October 27, 2022, ACRC staff met with the Coordinated Future Planning Task Force to develop and plan Service Coordinator trainings.
<p>b. Implement coordinated planning initiative.</p>	<ul style="list-style-type: none"> On October 31, 2022 and November 7, 2022, ACRC staff received Coordinated Future Planning Trainings delivered by stakeholders, clients, family members, advocates and service providers.

Focus Area Definition:

ACRC provides information about eligibility, services, and supports to clients, families, and community partners. ACRC also seeks collaborative opportunities to learn and educate about the changing needs of the community.

Community input:

- People want to access regional center Information in their preferred languages and in their communities.
- The community wants the regional center to continue to collaborate with more agencies to learn from each other and educate the community about different resources.



What we want to achieve:

The regional center has meaningful partnerships and connections with the diverse communities it serves. As a result, clients, families, and staff are better informed about the resources in their community. There will be an increase in use of regional center services by clients from communities that have been underserved.

How will we measure our progress?

Metric	Baseline Dec. 2021	2022 Desired Outcomes	2022 End of Year	2022 State Average	Met/ Not Met
Percent of total annual purchase of service expenditures by individual’s ethnicity and age: <ul style="list-style-type: none"> • Birth to age two inclusive • Age three to twenty-one • Age twenty-two and older PC* 	See table page 16 of strategic plan report	Meet or exceed state wide average	Birth to age 2 Met/Exceeded 4 Not Met 3 Age three to twenty-one Met/Exceeded 4 Not Met 2 No Change 1 Age twenty-two and older Met/Exceeded 3 Not Met 4	DDS tracks by FY; data not yet available	
Number of agency-wide educational & outreach events with community partners	23	25 10% over prior year	36	Not tracked by DDS	Met

PC*= DDS Performance Contract Measure. Goal for (PC) measure is met when current ACRC 1) meets or exceeds state average; 2) is better than ACRC baseline; or 3) meets DDS Standard.

COMMUNITY INCLUSION AND ENGAGEMENT CONTINUED



Goal One

Create a bigger presence in the community to build relationships and share resources with members of the community. Prioritize having meetings at community locations, increasing the outreach team, and continuing to make connections with more community agencies.

Actions	Current Progress
<p>a. Identify staff who want to participate and lead outreach efforts.</p> <p>b. Determine criteria for prioritizing outreach events.</p> <p>c. Identify events for participation based on established criteria.</p> <p>d. Create an outreach plan that is aligned with guidelines of the Department to prioritize languages requested by more than 50 people.</p> <ul style="list-style-type: none"> • Establish a rolling schedule of outreach and information sharing (both planned and responsive to requests) • Identify specific community organizations and stakeholders to prioritize each year. • Reach out to regional ACRC offices to identify local priorities and organizations • Dedicate staff role to community engagement / social media 	<ul style="list-style-type: none"> • Diversity Outreach Workgroup (DOW) currently has 24 members.
<p>e. Continue to attend events and open houses of service providers.</p>	<ul style="list-style-type: none"> • 24-Hour Home Care Open House
<p>f. Continue to attend fairs and cultural events in the community.</p>	<ul style="list-style-type: none"> • Sacramento Job Corps Career Fair/Resource Fair • UC Davis MIND Institute Child Life Program back to School Fair • San Juan Unified School District-School Resource Fair • LUNAS (Latinos United Navigating Autism and Services) • United Domestic Workers of America • Colusa Indian Community Council • Auburn Big Time - Pow Wow • Mardi Gras on the Boulevard Community Resource Fair • La Familia

COMMUNITY INCLUSION AND ENGAGEMENT CONTINUED

Goal Two	
Educate community partners about what the regional center is and what services we provide.	
Actions	Current progress
<p>a. Compile contacts for community partner organizations to connect with networks.</p>	<ul style="list-style-type: none"> • Cultural Diversity Specialist has a contact list of 53 individuals/entities connected to a Community Based Organization (19 added since October 2022) serving diverse clients/families in ACRC’s catchment area. • Case Management Directors routinely meet on a monthly or quarterly basis with state and local community partners such as: Medical-Managed Care Agencies, Community Care Licensing, Special Education Local Plan Area Directors and AB2083 Coordinator meetings which consists of Child Welfare Directors and Juvenile Probation. These meetings present opportunities for ACRC leadership to educate our community partners about regional center services.
<p>b. Extend invitations to provide an overview of regional center services.</p>	<ul style="list-style-type: none"> • A total of 36 outreach presentations conducted in 2022.

c. Increase the variety of outreach activities initiated by the regional center to organizations that are likely to make referrals to the regional center. (This might include and not be limited to medical professionals, school districts, Child Protective Services, Adult Protective Services, court system, mental health professionals and family resource centers).

- Valley Hi Family Resource Center
- Kaiser Permanente: MDs, LMFT, Psychologists, LCSWs
- School Districts: Elk Grove, Folsom Cordova, Placer, Yolo
- Nevada County Aging and Disability Resource Connection
- Sac State intro to health science class-students
- Waldorf School's Meeting of Neurodiverse Parents Group
- Breaking Barriers Conference-Parents
- Yolo County Department of Health and Human Services
- UC Davis MIND Institute Child Life Program
- California Highway Patrol
- Heartland Child & Family Services
- Families for Early Autism Treatment (FEAT)
- State Council on Developmental Disabilities (SCDD)

COMMUNITY INCLUSION AND ENGAGEMENT CONTINUED

Goal Three

Produce a series of short videos of information about the regional center, in multiple languages.

Actions	Current Progress
<p>a. Plan and begin production of a series of short (1-3 minutes) informational videos that cover a variety of regional center topics. Produce in 10 languages.</p> <ul style="list-style-type: none"> • Identify workgroup • Determine the media platforms to be used • Determine the topics to be featured and the hashtags to be used to promote on social platforms • Secure resources needed to produce videos 	<ul style="list-style-type: none"> • Social Recreation narrated PowerPoint videos completed and translated into: Spanish, Hmong, Punjabi, Russian, Tagalog, Vietnamese, Chinese and ASL. Posted on ACRC Website • Client Advisory Committee Informational Housing Video • Early Start Program Brochure Translating in multiple languages and ASL.

**ALTA REGIONAL CENTER PERCENT OF TOTAL ANNUAL PURCHASE OF SERVICE EXPENDITURES BY ETHNICITY OR RACE
FISCAL YEAR 2020-2021**

Ethnicity	Number of Clients	Percent of Clients	Total Expenditures	Percent of Expenditures
For birth to age 2 years, inclusive				
American Indian or Alaska Native	18	0.4%	\$22,345	0.2%
Asian	501	10.8%	\$1863,180	13.9%
Black/African American	446	9.6%	\$1,125,946	8.4%
Hispanic	1022	22.0%	\$3,285,686	24.6%
Native Hawaiian or other Pacific Islander	22	0.5%	\$63,635	0.5%
Other Ethnicity or race or multi-Cultural	1035	22.3%	\$2,443,025	18.3%
White	1597	34.4%	\$4,565,788	34.2%
For age 3 years to 21 years, inclusive				
American Indian or Alaska Native	43	0.4%	\$315,631	0.5%
Asian	1228	11.4%	\$5,072,652	8.3%
Black/African American	1166	10.8%	\$7,372,551	12.0%
Hispanic	2281	21.1%	\$11,191,670	18.3%
Native Hawaiian or other Pacific Islander	60	0.6%	\$200,922	0.3%
Other Ethnicity or race or multi-Cultural	1872	17.3%	\$11,850,343	19.4%
White	4142	38.4%	\$25,233,128	41.2%
For age 22 years and older				
American Indian or Alaska Native	54	0.5%	\$1,870,200	0.5%
Asian	702	6.8%	\$20,643,724	5.4%
Black/African American	1473	14.3%	\$47,161,423	12.3%
Hispanic	1299	12.6%	\$32,108,640	8.4%
Native Hawaiian or other Pacific Islander	36	0.3%	\$619,763	0.2%
Other Ethnicity or race or multi-Cultural	845	8.2%	\$25,060,933	6.6%
White	5914	57.3%	\$254,853,177	66.7%

Report pulled from 2022 Performance Contract Plan Attachment A



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