

Alta California Regional Center  
Client Advisory Committee Meeting  
Tuesday, January 8, 2019  
Minutes

**Present:**

Kimberly Terrell, Chair  
Michelle Rewerts, Design. Dir.  
Lisa Cooley (via phone)  
Tom Hopkins  
Michelle Hulse  
Romilda Jones  
Amy Lampe  
Patty Wallace  
Karen Young

**Absent:** (\* excused)

Monique Lozano  
Steven Sanchez\*  
Austin Taylor

**Facilitators:**

Amy Fulk  
Cheryl Worthley

**Visitors:**

Rhonda Roads  
Tiffany Johnson  
Lori Wentz

**Staff:**

Phil Bonnet, Executive Director  
David Lopez, Client Advocate  
Lisa West, Executive Secretary

The Client Advisory Committee (CAC) met at 2:05 p.m. on Tuesday, January 8, 2019, in the Brenda Smith Conference Room at Alta California Regional Center (Alta) to discuss: 1) Executive Director's Report; 2) Brainstorming for the New Year; 3) Updates; and 4) Public Comments/Announcements. All present provided self-introductions.

- *Romilda read aloud Alta's Mission & Vision*

**Without objection, Tom Hopkins made the motion to adopt the CAC meeting minutes of November 13, 2019 as submitted.**

**1. *Executive Director's Report***



- Phil repeated part of Alta's Mission – "in choosing services and supports through individual lifelong planning" – and asked how this is done. This is part of the Individual Program Plan (IPP), which normally takes place annually, during your birthday month, but they must be completed at least once every three years.
  - During the IPP, the Planning Team meets to discuss the services and supports that the client needs. A good meeting happens when the individual's needs are met in a realistic way.
- This committee adopted clients from Far Northern Regional Center (FNRC) for the holidays. The gift cards were very much appreciated.
- On Sunday night, Phil attended a fundraiser that Gavin Newsom held at the Golden 1 Center in downtown Sacramento. \$5 million was raised for the individuals that were affected by the Camp Fire in Paradise, CA.

- Governor Newsom has said that he is committed to helping individuals with disabilities and is starting to lay out his big plan, which includes a “Healthcare for All” program.
- Tomorrow morning, Tom is attending a meeting here at Alta to learn more about the Self-Determination Program (SDP). This program may provide opportunities for those who are part of the initial three-year rollout to receive services that the regional center does not currently provide for clients (e.g., camp and other recreational services, community college classes, etc.).
- On Monday, January 21<sup>st</sup>, Alta will host a table at the 2019 MLK365 Diversity Expo at the Sacramento Convention Center from 10 a.m. to 2 p.m. Everyone is welcome to attend.
- Phil is concerned about recent attendance at these meetings. Please think about ways in which we can get the word out and help spread interest.
  - We will post CAC brochures in the reception areas of Alta’s offices.

## 2. ***Brainstorming for the New Year***

**Issue:** Committee will discuss ideas for upcoming meeting.

**Discussion and Action:** Kimberly wished everyone a Happy New Year! She would like committee members to brainstorm ideas for upcoming meetings.

Some ideas include:

- Invite Mary Omoto to come and speak about upcoming legislation.
- Learn how to navigate the transportation system so that individuals can get involved in their own communities.
  - David will speak with Alta’s Transportation Coordinator. He also offered to reach out to the Sacramento Regional Transit Advocacy Unit.
- Learn more about facilitation.
- Increase our outreach opportunities (possibly focus on high school and college students).
  - Update our CAC Outreach Presentation
- Learn general information about California’s Medicaid Health Care Program (Medi-Cal versus Medicare).
- Learn more about local advocacy groups.

Kimberly asked committee members to look at Alta’s website to see what is posted on the CAC’s page.

- **Kimberly, David and Lisa W. will work together to set upcoming agendas.**



### 3. **Updates**



#### ◆ Peer Advocacy Connection

- Amy shared that the group met earlier today to finalize the agenda for the next Regional Meeting, which will be held on January 19<sup>th</sup>, from 10 a.m. to 2:30 p.m.
  - 50/50 raffle tickets will be sold at the meeting for a rug that Spencer McClay is donating. The winning ticket will be drawn at the end of the meeting – you must be present to win.

#### ◆ Alta Board

- Michelle R. attended the Board meeting which was held on November 15<sup>th</sup>.
  - The Board approved a new Board member from Nevada County – Paul Platner.
  - The group made a few revisions to the agency's bylaws.
  - Alta renewed their copier lease which gave them new equipment to assist staff with their work.
  - In keeping with tradition, the Board adopted an Alta family for the holidays.
  - Phil gave the group an update on the Camp Fire and the efforts that Alta was providing to assist those affected by this fire.
- The next Board meeting is scheduled for Thursday, January 24<sup>th</sup>, at 4 p.m.

### 4. **Public Comments/Announcement**



- Amy is part of Copernum, a group that sells socks to raise money to send disabled individuals to Woodleaf, a Young Life Camp.
- Michelle R. shared that during the holidays, she and her teacher adopted a child at the mall, bought gifts and dropped them off at the Salvation Army. It made her feel good!
- Amy asked for prayers for her friend Lori B. who is experiencing some medical issues.
- The group is keeping Lori W. in their thoughts and prayers – her daughter, Dana, passed away in December unexpectedly.
- Lisa C. forwarded an email to everyone with a summary from the Statewide Self-Advocacy Network (SSAN) highlighting what took place during the December meeting. Their next meeting is scheduled for Tuesday & Wednesday, March 26<sup>th</sup> & 27<sup>th</sup>. If you would like more information, please call the SCDD office in Sacramento and speak with Riana Hardin.
- David has been in touch with the Supported Life Institute and People First – announcements will be coming out soon about their upcoming conferences.

The next CAC meeting will be on **Tuesday, February 12, 2019**, from 2 to 4 p.m. The meeting adjourned at 3:47 p.m.

Lisa West  
Executive Secretary

cc: ACRC Board of Directors  
Phil Bonnet