## Alta California Regional Center Client Advisory Committee Meeting Tuesday, February 11, 2025 Minutes

### Present:

Amy Lampe, Chair
Tom Hopkins, Design. Dir.
Lisa Cooley
Tiffany Johnson
Jacie Oakley
Amanda Parker
Steven Sanchez
Karen Young

<u>Absent</u>: (\* excused) Kimberly Terrell\* Patty Wallace

### **Visitors**:

Kyle Choate Robert Levy Jemel Williams

### **Facilitators**:

Amy Fulk Naomi Smith

### Staff:

John Decker, Director of Community
Services
Camelia Houston, Director of Intake
& Clinical Service
Mechelle Johnson, Director of Client
Services
Reyva Johnson, Client Advocate
Herman Kothe, Training Manager
David Lopez, Client Advocate
Jacob Miller, Client Advocate
Aliesia Van Eck, Home and

Community-Based Services Specialist

Lisa West, Executive Secretary

The Client Advisory Committee (CAC) met on Tuesday, February 11, 2025, at 2:01 p.m. to discuss: 1) Message from Lori; 2) Client Friendly IPP; 3) Updates; and 4) Public Comments/Announcements. All present provided self-introductions.

# Without objection, Amy Lampe made the motion to adopt the CAC meeting minutes of January 14, 2025, as submitted.

## 1. Message from Lori

- John shared that Lori wanted to discuss person-centered planning with this group.
  - Reyva shared that this planning is client focused.
  - Aliesha noted that with this planning, the client makes the decisions that affect them.
  - John used to visit the developmental centers where regional center staff needed to focus on person-centered planning when moving those individuals out into the community.
  - The CAC would like to recommend to Alta's Board of Directors that they adopt a person-centered planning policy to ensure that Alta has these practices in place across all aspects of the agency. CAC members could then support Alta staff in developing training materials for our staff.



- Alta staff will collaborate with stakeholders to draft this policy once our Executive Director receives Board support to move this policy forward.
- Foundationally, Alta has invested funding regarding this practice. Coordinated Future Planning asks clients where they want to live when they can no longer live with their families.
- John noted that several regional centers across the state have a policy like this in place.
- This is Alta staff's last week in this building. Our new office space will provide a nice meeting space for the CAC.
- Last week, Lori and John attended a housing conference and everyone in attendance was able to see the CAC's video on housing. It continues to have a positive impact across the state.

### 2. Client Friendly IPP



- Amy L. and Karen reviewed the pamphlet entitled "A Client's Guide to My Individual Program Plan" which is posted on Alta's website in multiple languages.
  - The Association of Regional Center Agencies (ARCA) has developed their own version of this, and the Department of Developmental Services (DDS) also has a fillable version posted on their website.
    - o Alta's Client Advocates are available if anyone has questions.

# 3. **Updates**





- The group met today and continued to plan for the March 29<sup>th</sup> Regional Meeting.
- The next meeting is scheduled for March 11th.
- ◆ Alta Board
  - Alta's Board of Directors met on January 23<sup>rd</sup>.
    - Alta recognized staff that have worked at the agency for five, ten, 15 and 25 years.
    - The Board approved the independent audit report.
    - The group received a presentation from Alta's Education Support Team, as well as information about Alta's Community Care Homes and the American Rescue Plan Act's Early Start Pilot Project.
- ◆ ARCA-CAC
  - The group is scheduled to meet in February.
- ◆ DDS-CAC
  - The group will meet on the second Tuesday and Wednesday in June.

## 4. Public Comments/Announcement

• No comments/announcements were shared.



The next CAC meeting is scheduled for **Tuesday, March 11, 2025**. The meeting adjourned at 2:41 p.m.

Lisa West Executive Secretary

cc: ACRC Board of Directors Lori Banales