

Alta California Regional Center
Client Advisory Committee Meeting
Tuesday, February 9, 2016
Minutes

Present:

Romilda Jones, Chair
Austin Taylor, Desig. Dir.
Cindy Benson
Lisa Cooley
Tom Hopkins
Michelle Hulse
Amy Lampe
Sheryl Ledford
Monique Lozano
Zach Miller
Robert Rogers
Steven Sanchez (via phone)
Kimberly Terrell (via phone)
Karen Young

Facilitators:

Jana Chapman-Plon
Eloise Dixon
Amy Fulk
Ed Plon
Larry Prosser

Visitors:

Laura Coit

Staff:

Alfonso Carmona, Director of Intake &
Clinical Services
David Lopez, Client Advocate
Lisa West, Executive Secretary

Absent: (* excused)

Spencer McClay*

The Client Advisory Committee (CAC) met at 2:02 p.m. on Tuesday, February 9, 2016, in the Brenda Smith Conference Room at Alta California Regional Center (Alta) to discuss: 1) Executive Director's Report; 2) Updates; and 3) Public Comments/Announcements. All present provided self-introductions.

M/S/C (Tom Hopkins) **To approve the CAC meeting minutes of January 12, 2016 as submitted.** (13 in favor)

1. Executive Director's Report

- Alfonso shared that he is filling in for Phil today.
- Alta has over 400 individuals signed up for the pilot project of the Self-Determination Program (SDP). The intent is to keep on adding people to our list, even though the Department of Developmental Services (DDS) is working on the waiver that they received back from the federal government with many questions attached to it. SDP flyers are being distributed to clients when Service Coordinators (SCs) go out to meet with them to conduct their annual Individual Program Plans (IPPs).
 - David Rydquist is hoping that Alta will have 1,000 people on our list before he retires on April 1st.
- There is funding in the Governor's 2016-17 proposed budget for caseload growth. Alta hopes to hire more SCs to assist the clients that we serve.
- If anyone is interested, please contact your SC to receive information regarding free tax preparation for clients.



- Alta's Community Placement Plan (CPP) is under Alfonso's direction. As many of you know, Sonoma Developmental Center (SDC) is set to close in December 2018. He shared that Alta has already moved 11 out of the 54 clients who reside at SDC out into the community and we should move another five to six out before June 30th of this year.
 - Alta has had one meeting to help educate families of clients who are moving out of SDC. We are currently vrending more services.
 - This CAC's continued presence is critical to the success of this project.
 - On average, the CPP for Alta is to move six to seven clients into their own communities in any fiscal year (FY), so having 16 to 17 clients successfully moved out this year is great!
 - It's critical that individuals moving out of SDC have a safe environment to move into. It takes time to develop these resources.

2. Updates

◆ Peer Advocacy Connection

- Amy shared that the last meeting was held on January 13th.
 - The group was given a legislative update:
 - There is \$80 million in Governor Brown's proposed budget for regional center client growth.
 - Additional allowances for DC closures and four-bed group homes.
 - All other budget increases are tied to the passage of the revised Managed Care Organization (MCO) tax.
 - The next Regional Meeting is scheduled for Saturday, April 23rd, from 10 a.m. to 2:30 p.m. at the Lions Gate Hotel in Sacramento. Ideas for presentation include:
 - SDP
 - Videos from Yolo People First and ASAN Sacramento
 - Bullying video/behavioral matrix exercise with South Area People First
 - Elections/voting
- The next meeting will be held tomorrow, February 10th, from 10 a.m. to 12:30 p.m., at the Supported Life Institute (SLI).



◆ Regional Advisory Committee (RAC) - Sacramento

- Robert invited everyone to attend the next RAC meeting which will be held on Tuesday, March 15th, from 11 a.m. to 1 p.m. at the State Council's Sacramento office.
- The State Council on Developmental Disabilities (SCDD) is busy spreading the word about Employment First, Self-Determination, Emergency Preparedness, and encouraging families to complete and return the National Core Indicators (NCI) Child Family Survey. So far, there has

been a good response. If you know a family with a child receiving services from Alta, please encourage them to return the survey they received in the mail.

◆ ARCA-CAC

- Cindy shared that the next telephone meeting will be held on Friday, February 19th. The next in-person meeting is scheduled for Friday, April 8th.

◆ Alta Board

- Austin shared that the Board met on January 28th.
 - Two new members joined Alta's Provider Advisory Committee.
 - The Board has a new Board member – Rita Walker from Sacramento County. She has over 30 years of experience working with individuals with developmental disabilities; both at Alta and DDS. We are very fortunate to have her and hear the amazing perspective that she will bring to the table.
 - Phil gave a State Budget update.
 - Alta will be holding two public meetings to review expenditure data related to regional center clients:
 - March 15th in Yuba City
 - March 22nd in Sacramento
- The next Board meeting is scheduled for Thursday, February 25th, at 4 p.m.

3. **Public Comments/Announcement**



- Tom shared that Regional Transit (RT) is holding five Open Houses to discuss proposed fare changes and receive public comments during a 30-day comment period from February 1st through March 1st. The public can also provide comments via an online survey at www.sacrt.com.
- David has recently presented two Clients' Rights Trainings to Supported Living Services (SLS) providers.
- Lisa W. shared that this committee will need to elect a Chair and designated representative to the CAC at the March meeting so that the names can be submitted to the Board's Nominating Committee in May.
- If anyone has an updated address or phone number, please let Lisa W. know at the end of the meeting so that she can update the CAC's roster and distribute with next month's meeting information.
- David shared that the 21st Annual Statewide Self-Advocacy Conference (May 6th & 7th) and the 2016 People First Statewide Gathering (June 10th – 12th) are both taking place in Sacramento this year. If you want Alta to pay for one of these conferences, please contact your SC and make sure that this objective is documented in your IPP.

- Recently, Amy L. and Amy F. protested against state architects who do not want to build accessible buildings and parking lots.
- Zach is currently doing a trial work period with PRIDE Industries. On Thursday, he has an interview with Maxim Health Services to possibly assist his friend get to meetings.
- Karen and Romilda attended a Bowling Awards Ceremony last Saturday; Karen received 1st Place and Romilda received 2nd Place!

The next CAC meeting will be on **Tuesday, March 8, 2016**, from 2 to 4 p.m. The meeting adjourned at 3:27 p.m.

Lisa West
Executive Secretary

cc: ACRC Board of Directors
Phil Bonnet