

Alta California Regional Center  
Client Advisory Committee Meeting  
Tuesday, March 13, 2018  
Minutes

**Present:**

Austin Taylor, Chair  
Michelle Rewerts, Design. Dir.  
Michelle Hulse  
Romilda Jones  
Kimberly Terrell  
Patty Wallace  
Karen Young

**Absent:** (\* excused)

Cindy Benson\*  
Lisa Cooley\*  
Tom Hopkins  
Amy Lampe\*  
Monique Lozano  
Robert Rogers  
Steven Sanchez\*

**Facilitators:**

Amy Fulk

**Staff:**

Phil Bonnet, Executive Director  
David Lopez, Client Advocate  
Lisa West, Executive Secretary

**Visitors:**

Rhonda Roads  
Cheryl Worthley

The Client Advisory Committee (CAC) met at 2:09 p.m. on Tuesday, March 13, 2018, in the Brenda Smith Conference Room at Alta California Regional Center (Alta) to discuss: 1) Executive Director's Report; 2) Election of CAC Chair & Designated Rep to Board; 3) Outreach/Collaboration Discussion; 4) Updates; and 5) Public Comments/Announcements. All present provided self-introductions.

- *Patty read aloud Alta's Mission & Vision*

**Without objection, Austin Taylor made the motion to adopt the CAC meeting minutes of February 13, 2018 as submitted.**

**1. *Executive Director's Report***



- Phil asked those present about what they have done outside of their comfort zones.
  - Michelle H. will be going indoor skydiving in the spring.
  - Michelle R. has done public speaking and has gone on an upside down rollercoaster.
  - Karen has gotten three tattoos, after saying that she didn't want one; she's afraid of needles!
  - Kimberly went on a camping trip several years ago and they asked her to navigate her power wheelchair blindfolded – that was bizarre!
  - David has overcome his fear and now can ride rollercoasters.
  - In October 2008, Austin climbed Yosemite with the help of six of his friends and twenty other individuals. He also went on a mission trip to Central America.

There is something called "risk/reward". In order to get something, you may have to take a chance.

- Phil just found out today that Alta only has nine clients left at Sonoma Developmental Center (SDC). Parents and clients are living outside of their comfort zone by moving out of the DCs. They are getting rewards too.
- Phil shared that Alta will support this group if you want to venture out on a new project.
  - The Epilepsy Foundation of NorCal is hosting the 2<sup>nd</sup> Annual "Seize the Moment Run" at Crocker Park on Sunday, March 25<sup>th</sup>, from 8:30 a.m. to noon.
- Everyone is invited to attend the Association of Regional Center Agencies' (ARCA's) Grassroots Day on Tuesday, March 20<sup>th</sup>, at the State Capitol.
- The Senate Budget Subcommittee #3 Hearing is scheduled for this Thursday, March 15<sup>th</sup>, at 9:30 a.m. at the State Capitol. After the Governor's May Revise is released, Phil will share more with this committee.

## 2. ***Election of CAC Chair and Designated Rep to Board***



**Issue:** Committee needs to hold elections for the Chair and Designated Representative to the Board of Directors for the 2018-19 fiscal year (FY).

**Discussion and Action:** Austin shared that the CAC's choice for Chair and Designated Representative to the Board of Directors needs to go to the Board's Nominating Committee to be placed on the slate for the June elections. He gave a brief explanation of the two positions; the designated representative will begin to serve as the CAC's Co-Chair this next year.

Members expressed their desire to serve as the CAC Chair and Designated Representative to the Board of Directors (CAC's Co-Chair) for the next FY.

- **Kimberly Terrell is elected as the CAC's Chair for the 2018-19 FY.**
- **Michelle Rewerts is elected as the CAC's Designated Representative to the Board of Directors (CAC's Co-Chair) for the 2018-19 FY.**

## 3. ***Outreach/Collaboration Discussion***



**Issue:** Committee will discuss outreach and collaboration efforts.

**Discussion and Action:** The revised questionnaire for the "Friends Helping Friends" project was distributed for review. Austin read the questions aloud and explained that we will request that this form be filled out prior to our group visits.

- **Additional revisions will be made to the questionnaire.**

#### 4. **Updates**



- ◆ Peer Advocacy Connection
  - This group met earlier today.
- ◆ ARCA-CAC
  - No update was shared.
- ◆ Alta Board
  - Michelle R. shared that the Board did not hold a meeting in February.
  - The next Board meeting is scheduled for Thursday, March 22<sup>nd</sup>, at 4 p.m.
- ◆ Alta's Provider Advisory Committee
  - No update was shared.

#### 5. **Public Comments/Announcement**



- Karen and Amy Fulk will be hosting an Easter Seals booth at the Tri-County Transition Fair, entitled "Opening Doors to Your Future", at Boyd Hall in Yuba City this Thursday, March 15<sup>th</sup>, from 10 a.m. to 2 p.m.
- Michelle R. will be auditioning for a play on March 26<sup>th</sup> & 27<sup>th</sup>.
- David sent an email to Alta's Client Services Managers (CSMs) and shared information about the two upcoming conferences – People First in June and Supported Life Institute (SLI) in May. Both are happening in Sacramento, so clients will need to decide which one they would like to attend and contact their Service Coordinator (SC).
  - Phil would like to suggest that a panel of CAC members consider sharing information about visiting SDC over the years. We will discuss this idea further at the May meeting.

The next CAC meeting will be on **Tuesday, May 8, 2018**, from 2 to 4 p.m.  
The meeting adjourned at 4:00 p.m.

Lisa West  
Executive Secretary

cc: ACRC Board of Directors  
Phil Bonnet