

Alta California Regional Center  
Client Advisory Committee Meeting  
Tuesday, July 11, 2023  
Minutes

**Present:**

Amy Lampe, Chair  
Tom Hopkins, Design. Dir.  
Lisa Cooley  
Tiffany Johnson  
Jacie Oakley  
Michelle Rewerts  
Steven Sanchez  
Anthony Stone  
Kimberly Terrell  
Karen Young

**Facilitators:**

Amy Fulk

**Visitors:**

Zach Hill  
Natalie Jackson  
Robert Levy  
Jennifer Lucas  
Reuben Mayes  
Peter Mendoza  
Alison Portner  
Peter Salgado  
Jemel Williams

**Absent:** (\* excused)

Barbara Crow  
Romilda Jones\*  
Patty Wallace

**Staff:**

Lori Banales, Executive Director  
Jennifer Bloom, Director of Client Services  
Thalia Castro-Vega, Communications Specialist  
John Decker, Director of Community Services  
Camelia Houston, Director of Intake & Clinical Services  
Mechelle Johnson, Director of Client Services  
Reyva Johnson, Client Advocate  
Jacob Miller, Client Advocate  
Ryan Patchin, Training Specialist  
Faye Tait, Associate Client Services Director  
Johnny Xiong, Associate Client Services Director  
Lisa West, Executive Secretary

The Client Advisory Committee (CAC) met on Tuesday, July 11, 2023, at 2:00 p.m. to discuss: 1) Executive Director's Report; 2) Project SAFEE Presentation; 3) Updates; and 4) Public Comments/Announcements. All present provided self-introductions.

**Without objection, Amy Lampe made the motion to adopt the CAC meeting minutes of June 13, 2023 as submitted.**


1. ***Executive Director's Report***




- Lori shared that volunteer committee members are working with Alta's Legal Services Manager, Robin Black, as well as members of the State Council on Developmental Disabilities (SCDD) to develop training modules for Supported Decision-Making (SDM). The group met on June 21<sup>st</sup>, where members volunteered to watch SDM videos that are posted on the Arc website and report back to the entire group at the next meeting scheduled for July 26<sup>th</sup>.

- The workgroup that is updating Alta's client friendly Individual Program Plan (IPP) signature page will share information at the CAC's September meeting.
- The upcoming September 12<sup>th</sup> CAC's Meet & Greet was highlighted in the July edition of *Alta Connections*. A planning meeting is scheduled via Zoom for August 8<sup>th</sup>, from 2 to 3 p.m.
- At the last meeting, the group discussed developing a one-page profile, following the Person-Centered Planning model.
  - Ryan noted the group profile will be posted on our agency's website. In the future, the committee may also want to offer individualized profiles, which can be changed out every month.
  - The focus of this one-page profile will be to encourage interest in CAC membership.
  - Thalia shared that she can highlight individual stories on our website and/or social media.

## 2. Project SAFEE Presentation

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- A team from the State Council on Developmental Disabilities (SCDD) presented on Project S.A.F.E.E. (Self-Advocates for Emergency Education). They have educated individuals about:
    - Vaccine Hesitancy
    - Emergency Preparedness
  - Preparing for an emergency makes sense – develop a plan.
    - What are the essential things you need to survive? Make sure that your support network knows where everything is.
    - Have a basic emergency kit ("Go Kit") available at all times.

## 3. Updates

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- ◆ Peer Advocacy Network (PAN)
    - Today, the group had a presentation about professionalism. They talked about their responsibilities as PAN representatives.
    - Members were encouraged to talk to their Chapters about the upcoming Regional Meeting which will be held at the Wyndham Hotel in Sacramento on Saturday, September 30<sup>th</sup>.
  - ◆ ARCA-CAC
    - The group met on June 30<sup>th</sup> and talked about what to do if you are being robbed or mugged.
    - The next meeting is scheduled for July 28<sup>th</sup> from 10 to 11 a.m.
  - ◆ DDS-CAC
    - The group met on June 14<sup>th</sup> and discussed the Self-Determination Program (SDP). Members will also be completing a survey.
    - They plan to hold in-person meetings in 2024.

4. **Public Comments/Announcement**



- Michelle's play, "Chitty Chitty Bang Bang" is running from August 11<sup>th</sup> through September 17<sup>th</sup> (Friday & Saturdays at 7:30 p.m., and Sundays at 2 p.m.) at the Acting Company off of B Street in Yuba City.
- Karen and Amy L. won bronze at the Special Olympics Northern California 2023 Summer Games. Karen also received a medal for participating in a health promotion.

The next CAC meeting is scheduled for **Tuesday, September 12, 2023**.  
The meeting adjourned at 3:26 p.m.

Lisa West  
Executive Secretary

cc: ACRC Board of Directors  
Lori Banales