# Alta California Regional Center Client Advisory Committee Meeting Tuesday, July 9, 2024 Minutes

### Present:

Amy Lampe, Chair Tom Hopkins, Design. Dir. Jacie Oakley Amanda Parker Patty Wallace Karen Young

**Absent**: (\* excused)

Lisa Cooley\* Tiffany Johnson Steven Sanchez\* Kimberly Terrell\*

### **Visitors**:

EunMi Cho Robert Levy Ruben Medina Joseph Wilson

#### **Facilitators**:

Amy Fulk

#### Staff:

Lori Banales, Executive Director
Jennifer Bloom, Director of Client
Services
John Decker, Director of Community
Services
Shamir Griffin, Cultural Diversity
Specialist
Camelia Houston, Director of Intake
& Clinical Services
Mechelle Johnson, Director of Client
Services
Reyva Johnson, Client Advocate
David Lopez, Client Advocate
Johnny Xiong, Associate Client Services
Director

Lisa West, Executive Secretary

The Client Advisory Committee (CAC) met on Tuesday, July 9, 2024, at 2:00 p.m. to discuss: 1) Message from Lori; 2) "Excellence Through Diversity and Inclusion"; 3) Updates; and 4) Public Comments/Announcements. All present provided self-introductions.

# 1. Message from Lori

- Lori shared that the State of California has a signed budget for the 2024-25 fiscal year (FY). Highlights include:
  - The elimination of the Family Cost Participation Program (FCPP) and the Annual Family Program Fee (AFPF). With these programs, families were assessed a fee for up to \$200 for respite, day care or camping services. These fees made it difficult for Service Coordinators (SCs) to foster relationships when they had to ask for family's tax returns.
  - Through advocacy efforts across the state, the final service provider rate increases will take effect on January 1, 2025. The Governor's original proposal included a delay of this increase by one year (July 1, 2025). In the final hours, the rate increase was delayed by six months.



- Lori noted that service providers have already made business decisions based on receiving the increase on July 1, 2024. She expressed appreciation to all that joined these advocacy efforts.
- The ability to conduct Individual Program Plan/Individual Family Service Plan (IPP/IFSP) meetings remotely continues as an option if the client has been seen within the last 12 months if they are over three years of age, and six months for children under three.
- On June 28<sup>th</sup>, John was invited to attend a legislative briefing and present on "Supporting Affordable Housing Development." The CAC's housing video continues to make a positive impact when he presents on housing.

Without objection, Amy Lampe made the motion to adopt the CAC meeting minutes of June 11, 2024, as submitted.

# 2. "Excellence Through Diversity and Inclusion"

• Shamir Griffin, Alta's Cultural Diversity Specialist, shared a presentation about diversity and inclusion.

## 3. **Updates**

◆ Peer Advocacy Network (PAN)

- The group met today and discussed the next Regional Meeting. Topics will include "Life Stories" and a presentation on Judy Heumann.
  - They will continue to work on other details at upcoming meetings.
- Members shared their thoughts on the purpose of the PAN and what they
  personally gain from these meetings.
- The next meeting is scheduled for August 13<sup>th</sup>, from 10 to 12 noon.
- ◆ ARCA-CAC
  - As mentioned at the last meeting, an in-person meeting is scheduled for Friday, July 26<sup>th</sup>, from 11 a.m. to noon, at the SpringHill Suites in Natomas.
- ♦ DDS-CAC
  - The next meeting is scheduled for November 14<sup>th</sup> & 15<sup>th</sup>, from 10 a.m. to noon.

## 4. Public Comments/Announcement

• On June 27<sup>th</sup>, David attended the Yolo County Transportation District's Community Open House, where those present discussed plans to increase transportation opportunities in Yolo County. This event shared what the County is doing to help people access transportation, along with walking and bike trails. Yolo County is creating a plan to present to their City Council.





- David noted that it is important for clients to attend their community meetings so that they can advocate for individuals with developmental disabilities.
- Lori noted that we will share information on these meetings when we receive the notices.
- Joseph noted that Alta's CAC has active advocates. He encourages you to attend the Sacramento County Local Aging & Disability-Friendly Action Plan meeting on Thursday, July 18<sup>th</sup>, from 10 a.m. to 12 noon. The group will discuss the unique needs of residents living with disabilities, and those present will be able to provide input on improving accessibility as they develop an action plan. Participants will receive lunch and a \$25 gift card to Grocery Outlet.
  - Resources for Independent Living (RIL) holds Independent Living Skills Classes every Thursday, from 10 to 11:30 a.m. More information can be found on their website at <a href="www.ril-sacramento.org">www.ril-sacramento.org</a>.
- Robert reminded everyone that the 2024 Summer Institute on Neurodevelopmental Disabilities is coming up next Friday, July 19<sup>th</sup>. The last day to register is July 12<sup>th</sup>.
- Dr. Cho leads the One Mind Group a parent support group for their children with disabilities. They mostly speak Korean. Four regional center clients have been presenting at conferences and share how Alta assists clients in transitioning to adult services.
  - They will be presenting at the 2024 Summer Institute on July 19<sup>th</sup>.
- The One Mind Group is also attending a gathering at Stinson Beach on Saturday, July 20<sup>th</sup>. Parents, children, educators and therapists will be in attendance.

The next CAC meeting is scheduled for **Tuesday, September 10, 2024**. The meeting adjourned at 2:58 p.m.

Lisa West Executive Secretary

cc: ACRC Board of Directors Lori Banales