

Alta California Regional Center  
Client Advisory Committee Meeting  
Tuesday, September 12, 2023  
Minutes

**Present:**

Amy Lampe, Chair  
Tom Hopkins, Design. Dir.  
Lisa Cooley  
Tiffany Johnson  
Jacie Oakley  
Michelle Rewerts  
Steven Sanchez  
Anthony Stone  
Kimberly Terrell  
Karen Young

**Facilitators:**

Amy Fulk

**Visitors:**

Angel Garcia  
Robert Levy  
Ashley Robertson  
Michelle Ramirez  
Yasmin Vilchez  
Jemel Williams

**Absent:** (\* excused)

Barbara Crow  
Romilda Jones\*  
Patty Wallace

**Staff:**

Lori Banales, Executive Director  
Jennifer Bloom, Director of Client Services  
Tracy Brown, Associate Client Services Director  
John Decker, Director of Community Services  
Camelia Houston, Director of Intake & Clinical Services  
Mechelle Johnson, Director of Client Services  
Herman Kothe, Training Manager  
David Lopez, Client Advocate  
Lisa West, Executive Secretary

The Client Advisory Committee (CAC) met on Tuesday, September 12, 2023, at 2:04 p.m. to discuss: 1) Executive Director's Report; 2) Roommate Website; 3) Updates; and 4) Public Comments/Announcements. All present provided self-introductions.

**Without objection, Amy Lampe made the motion to adopt the CAC meeting minutes of July 11, 2023, as submitted.**

1. ***Executive Director's Report***




- Lori shared that we were all looking forward to the "Meet & Greet" that was scheduled for today, but we have rescheduled it for November 14<sup>th</sup>, which will give us more time to plan. For the last several weeks, Alta's Sacramento office has been dealing with a flea infestation and we are diligently working with our property management team to remedy the situation.
- Today is John Decker's birthday – everyone sang "Happy Birthday" to him.
- The Governor has designated this week Direct Support Professional (DSP) Recognition Week. Alta will be highlighting various DSPs throughout the

week on our social media. As Lori has mentioned previously, Alta has been working with Valley Mountain Regional Center (VMRC) on the Collaborative. Lori will be attending the California Disability Services Association's (CDSA's) Annual Conference in Riverside next week to promote our service system.

- CAC members gave permission for Lori and John to draft a message to celebrate DSPs, on the CAC's behalf. They will have Amy L. review it prior to posting. John suggested posting the CAC's message in Alta's upcoming newsletter, as well.
- Alta's Provider Advisory Committee (PAC) is gathering information to highlight their staff; these will also be posted on the Collaborative's website.
- Lori and John received notification from the Sacramento Zoo that they are planning a "Zoo Day for All". This will be an opportunity for individuals with disabilities to have a free ticket to visit the zoo on any day, except those days that have special events scheduled.
- The Black Box Theater in West Sacramento is presenting "FATSO, A New Musical", for two weekends only. The play runs from September 21<sup>st</sup> through October 1<sup>st</sup>. Tickets are available at the door or online.
  - Jackie Armstrong, one of Alta's Board members, is in this play.
- Today, the Senate has passed SB 138. This bill is now on the Governor's desk.
- Herman shared that the workgroup met and broke down the complex terms for the Client Friendly Individual Program Plan (IPP). They will be meeting again this afternoon to continue their work.
- The Supported-Decision Making (SDM) workgroup is meeting again later this month.
- Tomorrow, John and Rhonda Phillips, Alta's Housing Specialist, will be sharing a housing presentation at the United People First Chapter meeting.

## **2. Roommate Website**

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- Using Home and Community-Based Services (HCBS) funding, Michelle Ramirez, with On My Own, has chosen to bring back the idea of a roommate database. This will be available in two different formats – web-based and on a mobile app. Clients will enter their information and then be matched with potential roommates. She reviewed the draft with those present and noted that this database has a privacy feature.
    - Michelle is seeking feedback from Alta clients.
      - There is no date for rollout yet.
      - Having this available in different languages is part of Phase Two and will require additional funding.

## **3. Updates**

- ◆ Peer Advocacy Network (PAN)



- Today, the group reviewed the details of the next Regional Meeting scheduled for Saturday, September 30<sup>th</sup>, from 10 a.m. to 2:30 p.m., at the Wyndham Hotel in Sacramento.
- ◆ Alta Board
  - Tom shared that the Board will be holding their annual Board Retreat/Training prior to the Board meeting on September 28<sup>th</sup>, in Davis.
- ◆ ARCA-CAC
  - The group met on August 25<sup>th</sup> and talked about the Affordable Housing Project.
  - The next meeting is scheduled for September 22<sup>nd</sup> from 10 to 11 a.m.
- ◆ DDS-CAC
  - The next meeting is scheduled for November.

#### 4. **Public Comments/Announcement**



- Michelle shared that this is the last weekend for “Chitty Chitty Bang Bang”. On October 23<sup>rd</sup>, she is attending a beginning improv class.
- Robert and Lisa C. attended a meeting last week, where the State Council on Developmental Disabilities (SCDD) and the Director of Public Policy Affairs discussed getting rid of the “R” word in AB 1147. They will keep everyone updated.
- The next Statewide Self-Advocacy Network (SSAN) meeting is scheduled for December, via Zoom.
- Kim is happy to report that her wheelchair has been repaired.

The next CAC meeting is scheduled for **Tuesday, October 10, 2023**. The meeting adjourned at 2:58 p.m.

Lisa West  
Executive Secretary

cc: ACRC Board of Directors  
Lori Banales