

Alta California Regional Center
Client Advisory Committee Meeting
Tuesday, March 10, 2015
Minutes

Present:

Zach Miller, Chair
Austin Taylor, Desig. Dir.
Cindy Benson
Lisa Cooley
Tom Hopkins
Amy Lampe
Sheryl Ledford
Spencer McClay
Karen Miller
Steven Sanchez
Kimberly Terrell

Absent: (* excused)

Michelle Hulse*
Romilda Jones*
Monique Lozano
Robert Rogers

Facilitators:

Eloise Dixon
Amy Fulk
Ed Plon
Larry Prosser

Staff:

David Rydquist, Director of Adult &
Residential Services
David Lopez, Client Advocate
Lisa West, Executive Secretary

The Client Advisory Committee (CAC) met at 2:02 p.m. on Tuesday, March 10, 2015, in the Brenda Smith Conference Room at Alta California Regional Center (Alta) to discuss: 1) Director's Report; 2) Updates; and 3) Public Comments/Announcements. All present provided self-introductions.

M/S/C (Austin Taylor) **To approve the CAC meeting minutes of February 10, 2015 as amended.** (11 in favor)

1. **Director's Report**



- On April 4th, there was a rally at the State Capitol prior to the Assembly Budget Sub-Committee Hearing. Both the rally and hearing was well attended. The Senate Budget Sub-Committee Hearing is scheduled for this Thursday, March 12th, at 9:30 a.m. at the State Capitol. Senator Beall is asking for legislators to sign on to the letter that he wrote which asks for support for an increase in rates for service providers.
 - David R. believes that, as members of this committee, you represent other clients who are served by this regional center. Your voice carries the weight of the 20,000 plus clients that Alta serves. The things you say and the things you advocate for all reflect back to Alta – you have an important job!
 - The Lanterman Coalition's "10 for 10" is asking for the legislature to preserve the services that are already in place. Ultimately, the focus is a "cost-based" system. Budget revisions should look at what it actually costs to provide a service.

- The Association of Regional Center Agencies (ARCA) Grassroots Day is scheduled for Wednesday, April 15th. Individuals who are interested in attending should notify Lisa W. Committee members are encouraged to contact their local legislators and make their stories as personable as possible.
- A special hearing is scheduled for Tuesday, March 17th, to discuss the rates paid to dental and medical professionals on behalf of regional center clients.
- This committee is planning to hold their May 12th meeting at Sonoma Developmental Center (SDC). This will be the third time that we have visited the individuals that reside there. The hope is to get as many to attend this meeting as possible. Alta's CAC is their community "face" and we hope that they can live the lifestyle that they choose.
- Alta, in coordination with the State Council on Developmental Disabilities (SCDD), is forming a local volunteer Advisory Committee to provide oversight of the implementation of Self-Determination in Alta's ten-county catchment area. This committee will have eleven members comprised of clients, family members and one individual from Disability Rights CA. It is important to remember that Self-Determination services must be able to be billed to the federal government. Regional centers are waiting for the guidelines regarding this option. Alta will have 175 clients that will participate in the three-year pilot project.
- Alta is hosting two POS Variance Meetings to discuss our expenditure data for the 2013-14 fiscal year (FY). The first will be held on Monday, March 16th, at Alta's Sacramento office. The second will be held on Wednesday, March 18th, at the Serna Center in South Sacramento. Everyone is welcome to attend.

2. **Updates**

◆ Peer Advocacy Connection

- Amy shared that the group met on February 11th.
 - The theme of the next Regional meeting is "Get Ready for a Better Life!" It will be held at the Lion's Gate Hotel on Saturday, April 25th.
 - Spencer and Robert will be sharing a presentation on housing.
- The Supported Life Institute will be moving to 1010 Hurley Way on Sunday, April 12th.
- The next meeting is scheduled for Wednesday, March 11th, from 10 a.m. to 12:30 p.m. at the Supported Life Institute.
- There will be no meeting in June.



◆ Regional Advisory Committee - Sacramento

- No update was shared.

◆ ARCA-CAC

- Cindy shared that the group held a telephone meeting on Friday, February 20th.
 - The ARCA Executive Committee may approve a proposed Facebook Policy for the CAC, based on member input.
 - The Special Olympics World Games is being held in Los Angeles in July 2015.
 - A federal judge blocked the new In-Home Supportive Services (IHSS) overtime rule so changes will not happen.
 - ARCA is focusing on funding for the system, eliminating the Annual Family Program Fee (AFPF), and closing more DCs.
 - The ARCA Nominating and Bylaws Committee will look at how to increase participation of people with developmental disabilities in ARCA.
 - ARCA is a member of the Lanterman Coalition, which is focusing advocacy efforts on the "10 for 10".
- The next in-person meeting is scheduled for Friday, April 10th, in Sacramento.

◆ Alta Board

- Austin shared that the Alta Board of Directors met on February 26th.
 - Phil spoke about the two legislative hearings and the two POS Variance Meetings that David R. spoke about earlier.
 - Alta's new website will be launched very soon!
- The next meeting is scheduled for Thursday, March 26th, at 3 p.m.

3. Public Comments/Announcement



- The 20th Annual Statewide Self-Advocacy Conference will be held on Friday & Saturday, May 1st & 2nd, at the Crowne Plaza Hotel in Sacramento. David L. shared that if a client wants to attend this conference, they need to tie it into their Individual Program Plan (IPP) with a goal & objective. He has already shared the conference information with Alta's Service Coordinators (SCs).
- Zach attended the Public Policy Conference put on by the Arc of CA. Santi Rogers was there and spoke about what the Department of Developmental Services (DDS) is doing. It was a great conference, he learned a lot!
- Steven shared that the Roseville Metro People First Chapter is meeting on March 18th from 4 to 6 p.m. at the Round Table Pizza on Foothills Blvd.
- Cindy met the Mayor of Nevada City when she attended a FREED Center for Independent Living meeting earlier this month. In June, she will be meeting the Mayor of Grass Valley.
- David L. encouraged everyone to share the March 17th Denti-Cal Hearing information with their local People First Chapters.

- Amy has been attending the Yuba/Sutter Transit Board meetings. The group is discussing "smart cards".

The next CAC meeting will be held on **Tuesday, May 12, 2015**, at SDC. The meeting adjourned at 3:37 p.m.

Lisa West
Executive Secretary

cc: ACRC Board of Directors
Phil Bonnet