



**Cov Lus Nug Uas Yeej Meem Nug Txog Cov
Me Nyuam Hniav Kev Noj Qab Nyob Zoo**



Thawj zaug kuv tus me nyuam yuav tsum mus xyuas ib tug kws kho hniav yog thaum twg?

Thaum tus me nyuam muaj nws thawj tus hniav los sis muaj hnuv nyoog txwm ib xyoo, qhov twg los ua ntej.

Kuv yuav tau koj kuv tus me nyuam mus xyuas tus kws kho hniav ntau npaum li cas?

Koj tus me nyuam yuav tau mus xyuas tus kws kho hniav txhua 6 hlis rau qhov kuaj, los sis raws li tus kws kho hniav pom zoo.

Txhua ib xyoo, Medi-Cal Hniav (Medi-Cal Dental) them rau txoj kev tu hniav rau kuv tus me nyuam pes tsawg zaus?

Medi-Cal Hniav them rau txoj kev tu hniav thiab qhov kuaj 2 zaus txhua ib xyoo rau cov mej zeej uas muaj xyoo tsawg dua 21 xyoo, nrog ib puas tsav yam txoj kev kho mob hniav thiab. Saib lub vev xaib xwv kom saib seb Medi-Cal them rau dab tsi. <https://smilecalifornia.org/wp-content/uploads/2021/01/Flyer-English-09-2019.pdf>

Kuv tus me nyuam hniav cauj puas tseem ceeb? Cov hniav kab noj puas tseem ceeb txawm yog hniav cauj yuav poob tseg?

Feem ntau ib tug me nyuam yuav muaj ib ncaug hniav cauj thaum nws muaj 3 xyoo. Cov hniav cauj tseem ceeb rau kev zom mov thiab kev luag ntshi zoo nkauj, lawv kuj pab pos hniav muaj chaw dav txaus koj hniav taj thaum npaj siab los. Cov hniav cauj kuj tseem ceeb rau txoj kev kawm hais lus thiab kev loj hlob txog lub puab tsaig thiab nqaj leeg hauv ntsej muag.

Kuv tus me nyuam cov hniav taj yuav pib los thaum twg?

Feem ntau cov me nyuam yuav pib mauj lawv thawj tus hniav puas taj thaum muaj 6 xyoo. Feem ntau ib ncaug hniav taj yuav tawm los thaum muaj 13 xyoo.

Kuv tus me nyuam puas yuav tau muaj kua lo kua kaw saum nws cov hniav puas taj?

Kua lo kua kaw yog ib txoj kev pab tsis muaj hniav kab noj. Kua lo kua kaw txhub qhov tsua me me hauv cov hniav puas uas hniav kab noj feem ntau pib noj, ua kom kua lo kua kaw ua ib txoj kev zoo pab koj tus me nyuam tsis muaj kab noj hniav.

Kuv tus me nyuam puas yuav tau raug rho hniav txhab?

Nyob ntawm seb cov hniav txhab loj hlob li cas, seb puas muaj chaw txaus hauv lub qhov ncauj nyob nrog hniav puas, los sis seb hniav txhab puas kom muaj mob los sis tsim teeb meem dab tsi. Koj tus me nyuam tus kws kho hniav yuav muaj peev xwm saib seb hniav txhab yuav tsum raug muab rho tawm los xij.

Kuv yuav nrhiav ib tug kws kho hniav uas ua hauj lwm zoo nrog kuv tus me nyuam, los sis ib tug kws kho hniav uas muaj tshuaj tsaug zog los sis lwm tus txheej txheem tshwj xeeb li cas?

Yog koj muaj kev pov hwm (pha ka npais) hniav rau koj tus kheej, koj yuav tau hu xov tooj nyob tom qab ntawm daim npav kev pov hwm hniav. Tus sawv cev pab tau koj nrhiav ib tug kws kho hniav uas koj tus me nyuam yuav tsum muaj.

Yog koj muaj Medi-Cal Hniav, koj nrhiav tau ib tug kws kho hniav thaum xyuas https://dental.dhcs.ca.gov/Members/Medi-Cal_Dental/Find_A_Dentist/, los sis koj hu tau Xov Tooj Kev Pab Lub Hauv Paus ntawm 1-800-322-6384.

Yog koj nyob hauv Lub Cheeb Tsam Sacramento, koj lub phiaj xwm Medi-Cal Hniav tej zaum kuj hu ua lub phiaj xwm Hniav Kav Saib Xyuas (Dental Managed Care). Cov phiaj xwm no hu ua Liberty, HealthNet thiab Access. Yog koj tus me nyuam muaj ib lub phiaj xwm no, koj tus me nyuam twb muaj ib tug kws kho hniav tshwj xeeb lawm. Yog koj tsis paub seb ib tug kws kho hniav twg uas koj tus me nyuam muaj lawm, koj hu tau lub phiaj xwm. Yog koj yuav tsum tau ib tug tshwj xeeb, los sis yog koj xav hloov koj tus me nyuam tus kws kho hniav, koj hu tau lub phiaj xwm xwv kom txais kev pab. Cov ntaub ntawv hu rau txhua lub phiaj xwm nyob thaum kawg hauv daim ntawv no.

Koj hu tau koj tus me nyuam tus Kws Saib Xyuas Kev Pab Dawb ACRC kom txais kev pab ntxiv. ACRC muaj ib tug Neeg Saib Xyuas Hniav (Dental Coordinator) uas pab tau ntxiv.

Kuv yuav ua li cas pab kuv tus me nyuam zoo nyob thaum nws mus ntsib kws kho hniav?

Muaj ob peb yam uas pab tau cov me nyuam nyob zoo dua thaum mus xyuas tus kws kho hniav. Ua ntej koj teem caij kho hniav, nug seb puas muaj lub cib fim rau tus me nyuam tuaj saib hoob kas, tshawb, thiab ntsib cov neeg ua hauj lwm. Thov cov neeg ua hauj lwm kom koj tus me nyuam saib lub hoob kas thiab kov cov rab kho hniav, zaum hauv ib lub rooj zaum kho hniav, los xij. Koj kuj xyuum "kho" koj tus me nyuam hniav ntawm koj lub tsev nrog ib rab txhuam hniav thaum nws pw nrob qaum. Thaum teem caij kho hniav, tej zaum yus nqa tau cov khoom uas ua rau tus me nyuam zoo siab, ib yam li iPad, lub mloog pob ntseg, khoom ua si, los sis ib daim pam. Yog koj tus me nyuam rhiab hnov rhiab xav, hais kom cov neeg ua hauj lwm paub xwv kom lawv pab tau xws li tso teeb kom tsis ci, los sis muaj ib hoob tos uas ntsiag to deb ntawm hoob tos loj. Muaj hoob kho hniav rau cov me nyuam ntau uas yeej zoo siab pab tau kom tshwj xeeb. Hu koj lub phiaj xwm kho hniav los sis koj tus Kws Saib Xyuas Kev Pab Dawb ACRC yog koj xav tau kev pab nrhiav ib lub hoob kho hniav rau cov me nyuam uas pab tau koj tus me nyuam.

Kuv yuav tau ua li cas yog kuv tus me nyuam cov hniav muaj xwm txheej ceev?

Yog koj tus me nyuam muaj ib tug kws kho hniav lawm, hu teem caij sai li sai tau. Yog koj tus me nyuam tsis muaj ib tug kws kho hniav lawm los sis hoob kho hniav kaw lawm, hu xov tooj nyob tom qab ntawm daim npav kev pov hwm hniav, los sis hu Medi-Cal Hniav Xov Tooj Kev Pab Lub Hauv Paus **ntawm 1-800-322-6384**, rau txoj kev pab nrhiav ib tug kws kho hniav. Koj txais kev thauj mus thauj los pub dawb los ntawm Medi-Cal yog tsis muaj hoob kho hniav qhib ze koj lub tsev.

Rau cov teeb meem hniav ib yam li mob loj, kev o, ua npaws, rwj los sis kab mob, tus me nyuam yuav tau mus saib tus kws kho mob sai li sai tau, dhau los ntawm nws tus kws kho mob, los sis lub tsev kho mob loj los sis hoob xwm txheej ceev (emergency room).

Yuav zoo li cas yog kuv yuav tsum muaj ib tug neeg txhais lus los sis kev thauj mus thauj los mus saib kev teem caij kho hniav?

Medi-Cal pab tau koj thauj mus thauj los. Medi-Cal them rau ob hom kev thauj mus thauj los: **Kev Thauj Mus Thauj Los Tsis Ntsig Txog Kev Kho Mob (NMT)** thiab **Kev Thauj Mus Thauj Los Tsis Yog Xwm Txheej Ceev (NEMT)**. Medi-Cal kuj muaj kev pab txhais lus. Hu Xov Tooj Kev Pab Lub Hauv Paus ntawm 1-800-322-6384 xwv kom txais kev pab no.

Koj hu tau koj tus me nyuam tus Kws Saib Xyuas Kev Pab Dawb ACRC kom txais kev pab ntxiv.

Rau cov ntaub ntawv ntxiv thiab cov lus teb rau lwm cov lus nug, koj mus xyuas Mikas Teb Lub Tsev Kawm Ntawv Kev Kho Hniav rau Cov Me Nyuam vev xaib ntawm: <https://www.aapd.org/resources/parent/faq/>

*Nram qab no yog cov ntaub ntawv hu rau lub Cheeb Tsam Sacramento Medi-Cal Hniav Kav Saib Xyuas tej lub phiaj xwm. Yog koj tsis paub seb koj muaj lub phiaj xwm twg, koj hu tau Kev **Xaiv Kho Mob (Health Care Options)** ntawm **1-800-430-4263**, ntaus lej 2 thiab ua raws li tus txheej txheem qab.*

Access Hniav Lub Phiaj Xwm Xov Tooj: (877) 821-3234 TTY/TDD: (800) 735-2929 E-mail: GMCMember@premierlife.com	Health Net Hniav Xov Tooj: (877) 550-3868 TTY/TDD: (877) 550-3868 (TTY 711)	Liberty Hniav Lub Phiaj Xwm Xov Tooj: (877) 550-3875 TTY/TDD (877) 855-8039 E-mail: info@libertydentalplan.com
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