

What is Early Intervention?

Parents and professionals working together to help infants and toddlers develop and learn.

Infants and toddlers learn and grow at their own rate. Some need a little extra support. Since children grow and learn quickly, it is important to get this support as early as possible if you or your pediatrician have concerns about your child's development.

The Early Start program at Alta California Regional Center provides services and supports for children within the context of their family. Families are coached to help their child learn during everyday activities and routines.

This is called **early intervention**.

Who can make a referral?

Anyone can make a referral, including parents, health care providers, neighbors, family members, foster parents, and day care providers. As a parent, you can refer your child to Early Start if you suspect a delay. Parents must give permission to have their child evaluated.

How do I know if my child qualifies for services?

Information from you, your child's doctor and observation during the assessment are used to determine eligibility for early intervention services.

What happens next if my child is eligible for early intervention?

If your child is eligible, your Service Coordinator will work with you to develop a plan based on your child's needs. The plan will outline goals for working with you to help support your child's development.

Where will early intervention services be provided?

Early intervention services are provided in the family's natural environment. Services may be provided in home and in the community, such as parks, childcare settings, community centers and other places where children and families live, play, and learn.

What can I expect from early intervention services?

Intervention sessions focus on what's working and what's challenging for the child and family in their everyday lives. Professionals will coach parents on how to use routines and daily activities, such as mealtimes and outings, as opportunities for the child to practice important developmental skills.

Is there a cost?

There is no cost for evaluation, assessment, or service coordination. Insurance is accessed for medically necessary services.

Who should I talk to if I'm concerned about my child's development?

To make a referral, call Alta California Regional Center at (916) 978 - 6249 or scan the QR code below to complete an application online.



Counties Served

Alta California Regional Center serves 10 counties that include: Alpine, Colusa, El Dorado, Nevada, Placer, Sacramento, Sierra, Sutter, Yolo and Yuba.

www.altaregional.org



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Alta California
Regional Center

Early Start Program

