



Self-Determination Advisory Committee Agenda

Date	Wednesday, August 19, 2015
Time	10:00 a.m. – 12:00 p.m.
Location:	ACRC, 2241 Harvard Street, Ste. 100, Sacramento, CA 95815 (916) 978-6400
Call-in Number	The conference call phone number is (916) 978-6560. There is no pin associated with this call in number. You can dial that number and you will immediately be connected. If you have any difficulties accessing this number, call 916-715-7057.

Pursuant to Government code Sections 11123.1 and 11125(f), individuals with disabilities who require accessible alternative formats of the agenda and related meeting materials and/or auxiliary aids/services to participate in this meeting should contact Monique von Schimmelman at (916) 263-3085 or Monique.vonschimmelman@scdd.ca.gov. Requests must be received by 5:00 pm, August 14, 2015.

- 1) **Call to Order (Lisa Cooley, Chair) 10:00 a.m.**
 - 1.1 **Welcome & Introductions**
- 2) **Approval of Agenda & Minutes (action)**
- 3) **Update on Waiver Application and Statewide DDS Workgroup (Sonya Bingaman, David Rydquist)**

a. Updates on DDS website

(<http://www.dds.ca.gov/sdp/sdpupdates.cfm>)

AUGUST 7, 2015 **NEW!**

- At the request of the federal government, new language was added to the Self-Determination Program (SDP) Waiver application describing how homes and settings where SDP participants will reside and receive services meet the requirements of the federal home and community-based settings rules that became effective in March 2014. As a result of this change, the Department is required to repost the Waiver application for at least 30 days. The Waiver application will be formally resubmitted to the Centers for Medicare and Medicaid Services shortly after the public comment period, which ends on September 7, 2015. Comments or requests to review a hardcopy of the application can be submitted via email at sdp@dds.ca.gov, by phone at (916) 653-7710, or in writing to the Department, Attention Community Services Division, 1600 Ninth Street, Room 320, MS 3-8, Sacramento, CA 95814.

» [Self-Determination Program Waiver Application](#) 8/7/15

SDP LOCAL VOLUNTEER ADVISORY COMMITTEES

- All local volunteer advisory committees formed to provide oversight of the SDP have met at least once. California Government Code requires that these meetings to be open to the public and conducted in accordance with all the requirements of the Bagley-Keene Open Meeting Act.

4) What is an Independent Facilitator (Judy Mark, Government Relations Chair, Autism Society of Los Angeles)

5) Public Comment Period

This item is for members of the public only to provide comments and/or present information to the SDAC on matters not on the agenda. Each person will be afforded up to three minutes to speak. Written requests, if any, will be considered first.

6) Community Trainings??

7) Location and date of next meeting

a. September 16

8) Develop agenda for next meeting

9) Adjournment



Self-Determination Advisory Committee Minutes

Date	Wednesday, July 15, 2015
Time	10:00 a.m. – 12:00 p.m.
Location	ACRC, 2241 Harvard Street, Ste. 100, Sacramento, CA 95825 916-978-6400, Call in 916-978-6560

Members present	Members absent
Lisa Cooley SA	Margaret Lamb FA (excused)
Kimberly Terrell SA	Cid Van Koersel SP/FA (excused)
Stacy Shaw SA	Al Millan FA/SP (excused)
Christian Griffith FA	Others present
Lana Knyazev SP	Phil Bonnet, ACRC
Nancy Libby FA (phone)	Sonya Bingaman, SCDD
Carole Watilo SP	Wesley Moss, Premier FMS
Joyce McNair FA	Victor Liva, Premier FMS
Luis Rivera FA	Susie Malloy, FA
Katie Hornberger, DRC	Willie West, SA (phone)
	John Nelson, SA ACRC Board Member
	Ed Plon, FA, support for JN
	David Rydquist, ACRC
Legend: SA – Self-Advocate, FA – Family Advocate, SP – Service Provider, FMS Fiscal Management Service	

1) Call to Order

10:00 a.m.

1.1 Welcome & Introductions

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- 2) Approval of Agenda and Minutes from June 17, 2015 (action)
 - a. Agenda and Minutes were approved.

- 3) Update on Waiver Application and Statewide DDS Workgroup (Phil Bonnet)
 - a. Phil Bonnet, Director of ACRC, gave a brief update on the status of the Waiver. DDS will soon post the Waiver for 30 days and then resubmit the Waiver to CMS. CMS will then have another 90 days to respond. There could be additional delays at any point in the process. It seems unlikely the waiver will be approved in less than 4-5 months.

- 4) My Experiences with Self-Determination (Willie West)
 - a. Willie shared his personal story about SD. In 1999-2000 he received a letter stating he had been selected to have the option to participate in SD through Redwood Coast Regional Center. He was 18 at the time and living with his family. He convinced his parents that he wanted to try SD. He says it made him more independent and gave him more “control over my life”. He was able to move out (something his parents didn’t think he could do successfully) and has lived independently for 14 years. He uses Trust Management Services to manage his money. He has hired friends and advertised in the paper for staff. He has a reliable group of staff working for him, especially to help him get up and ready for the day each morning. If there is ever a problem, he can contact the agency that oversees these staff. His goal is to move to Sacramento and do Statewide advocacy work. He writes his own PCP and develops his budget. He encourages people to try SD, knowing that if it doesn’t work out, they can return to traditional case management.

- 5) How does a Fiscal Management Service support DS (Wesley Moss and Victor Liva – Premier FMS)
 - a. Presentation on the history of SD and the transformation of FMS services over the years. Discussion of the structure of Fiscal Employer Agent vs. Co-Employer Models (see handouts). DDS will determine which model is used and the costs for FMS services in California.

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- 6) Selection of Chair and Vice-Chair (action)
 - a. Lisa Cooley (SA) was selected as Chair. Joyce McNair (FA) was selected as Vice-Chair.
- 7) Public Comment Period
 - a. None
- 8) Location and date of next meeting
 - a. Wednesday, August 19, 2015, 10am-12pm at ACRC.
- 9) Develop agenda for next meeting
 - a. It was suggested that Facilitation be the topic for the next meeting. Bonnet and Bingaman agreed to locate speaker.
 - b. It was suggested that subcommittees be formed to address the following topics: Budget, Innovative Services, Facilitation, Outreach, Financial Management Services, and Person Centered Planning. This will be discussed at the next meeting.
- 10) Adjournment
 - a. Meeting adjourned at 12:00pm.

Roles and Responsibilities of an Independent Facilitator In California's Self-Determination Program

A participant may choose to hire an Independent Facilitator to assist them with their participation in California's Self-Determination Program. As defined by the self-determination law, an Independent Facilitator means:

A person, selected and directed by the participant, who is not otherwise providing services to the participant pursuant to his or her IPP and is not employed by a person providing services to the participant.

The independent facilitator may assist the participant in making informed decisions about the individual budget, and in locating, accessing, and coordinating services and supports consistent with the participant's IPP. He or she is available to assist in identifying immediate and long-term needs, developing options to meet those needs, leading, participating, or advocating on behalf of the participant in the person-centered planning process and development of the IPP, and obtaining identified services and supports.

The cost of the independent facilitator, if any, shall be paid by the participant out of his or her individual budget. An independent facilitator shall receive training in the principles of self-determination, the person-centered planning process, and the other responsibilities described in this paragraph at his or her own cost.

The Independent Facilitator can do some or all of the following:

- Provide guidance, resource information, and support
- Assist in defining support needs and life dreams
- Assist with locating and developing innovative resources
- Support with advocacy and advice
- Develop and coordinate Person-Centered Planning meetings including scheduling meeting, writing plan, and developing the individual budget
- Assist the participant with implementation of the plan including negotiating prices, developing and issuing contracts and agreements
- Assist to find supports to meet the changing needs of the participant
- Maintain regular face-to-face or telephone contact with participant, if desired by participant
- Assist the participant with mediating any issues
- Provide intervention in complex and high risk situations
- Maintain confidentiality and secures signed releases
- Ensure public funds are used appropriately
- Maintain a working relationship emphasizing quality, collaboration, and partnership
- Facilitate emergency intervention plans as needed

From material developed by Russell Rankin, Kern Regional Center Self Determination Pilot Project Liaison and language from California's 2013 self-determination law

INDEPENDENT FACILITATORS
CERTIFICATE TRAINING

The Roles of the Independent Facilitator



THE ROLES OF THE INDEPENDENT FACILITATOR

- Person-Centered Planner
- Personal Shopper
- Budget Developer
- Liaison to FMS
- Advocate
- Management Consultant
- Ongoing supporter
- Small business owner

THE INDEPENDENT FACILITATOR

- You can hire an Independent Facilitator to assist you and your family with the person-centered planning and IPP processes.
- The Independent Facilitator (I.F.) should know about available services and be able to "think outside of the box."
- The I.F. can advocate and negotiate at IPPs and with service providers.
- The I.F. is paid from your Individual Budget or the I.F. can be your regional center service coordinator or a family member or friend.
- The I.F. cannot provide services to the participant and cannot be employed by an agency providing services.
