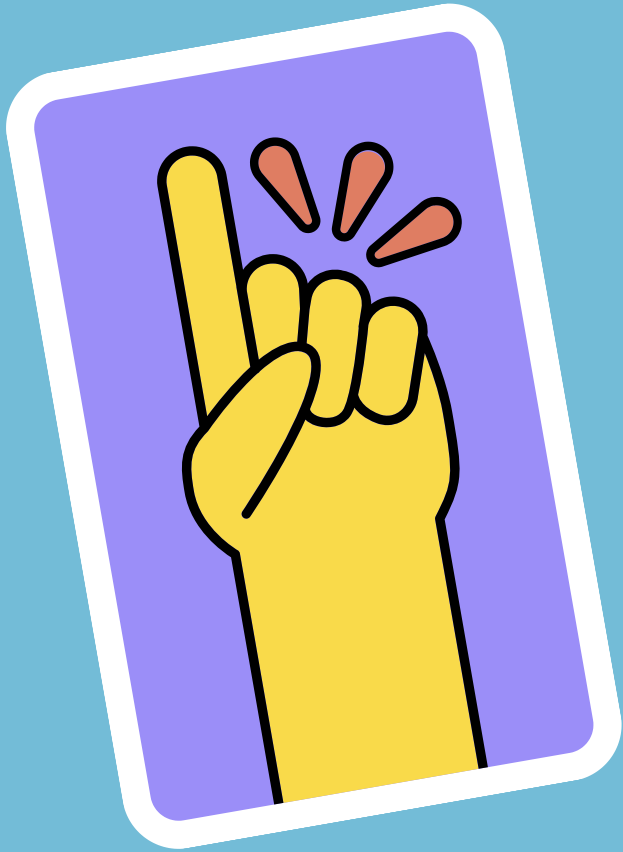


# SELF-DETERMINATION PROGRAM (SDP)

## What is SDP?

---



- SDP provides participants with more flexibility and personal responsibility in choosing services and supports through your budget.
- *You* still participate in the development of *your* Individual Program Plan.
- Your Service Coordinator is still on your team and you may have an Independent Facilitator to help plan and obtain services.

## Your Individual Budget

---

- Your individual budget will help you purchase services and supports needed to achieve your plan.
- You must use a Financial Management Service vendored by Alta California Regional Center to pay for your services.
- You have flexibility to choose providers and individuals to deliver your services. You can use vendored or non-vendored providers, and providers will require a background check.



## Get Started

---

- Talk to your Service Coordinator.
- Visit our website to access the program orientation [www.altaregional.org/self-determination-program](http://www.altaregional.org/self-determination-program)
- Learn more about SDP by visiting the Department of Developmental Services website [www.dds.ca.gov/initiatives/sdp/](http://www.dds.ca.gov/initiatives/sdp/)

