

FOR YOUTH DEVELOPMENT
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY



Sensory Friendly Pool Party!

Join us for a fun and inclusive swimming experience designed for individuals with sensory sensitivities! This special event will provide a calm and welcoming environment with reduced noise and controlled lighting.

- Sunday, March 30th | 1:00 PM – 3:00 PM
- Located at the Sacramento Central YMCA

A parent/guardian must be in the pool with the participant at all times.

This event is \$5 per family – Registration Required!

Scan to register for this event!

Our supportive staff will be in and out of the water to ensure a comfortable and enjoyable experience for all participants.

